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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| WK1 | 27 | | MONDAY | | 28 | TUESDAY- Halloween Parade | 29 | WEDNESDAY | 30 | THURSDAY | 1 | FRIDAY |
| AM | BG | | Cheerios & craisins/raisins | | FV  BG | Craisins & goldfish | FV/  MA/D  BG | Oatmeal cookies | BG  FV | Applesauce OR apples AND graham crackers OR granola | D  BG | **Butterflies**: beans & rice  **Seashell/Sunflower: apples** or applesauce or oranges and granola |
| PM | FV  BG | | Leftovers | |  | Seashells: Craisins and goldfish  Butterfly: Cheerios and apples  Sunflower: Rice crackers and apples | FV  D | Yogurt & pineapple or peaches | FV  D/BG | **Butterflies**: Wheat thins and cheese sticks  **Seashell/Sunflower:** oranges and left over crackers/pretzels | MA  BG | Toast & Wowbutter or jelly or yogurt cream cheese |
| WK2 | 4 | | MONDAY | | 5 | TUESDAY | 6 | WEDNESDAY | 7 | THURSDAY | 8 | FRIDAY |
| AM | BG  MA | | Pita chips and hummus | |  | PTO Conferences | MA  FV | Guac and tortilla chips | BG  MA/D | Raisin bread & sunbutter or yogurt cream cheese | BG  D | Bagel & Greek yogurt cream cheese |
| PM | BG  FV | | GF Rice cakes & fruit spread (berry) | |  | No School | D  FV | Cinnamon applesauce & granola | FV | Sweet potato fries & ketchup | BG  D | Fig bars & milk |
| WK3 | 11 | | MONDAY | | 12 | TUESDAY | 13 | WEDNESDAY | 14 | THURSDAY- MOVIE NIGHT | 15 | FRIDAY |
| AM | MA  FV | | Naval oranges and sunflower seeds | | FV | Chips and salsa | FV  D | Terra chips and yogurt ranch dressing | BG  MA | Yogurt and pineapples pieces | BG  MA  D | Leftover chips, fruit, milk, and other perishable items |
| PM | FV  BG | | Graham Crackers & pears | | MA  BG | Ritz crackers and sliced cheese | FV  D | Cheese cubes & apples | D  FV | Sunflower seeds & craisins | BGFV | Leftover chips, fruit, milk, and other perishable items |
| WK4 | 20 | | MONDAY | | 21 | TUESDAY | 22 | WEDNESDAY | 23 | THURSDAY | 24 | FRIDAY |
| AM | BG  FV | | Winter Break | |  | Winter Break |  | Winter Break |  | Winter Break |  | Winter Break |
| PM | BG  D/FV | | CLOSED | |  | CLOSED |  | CLOSED |  | CLOSED |  | CLOSED |
|  | *D=* | | *Dairy* | | *FV=* | *Fruit /Veg* | *BG=* | *Bread/Grain* | *MA/P=* | *Meat Alternate-Protein* | *GF=* | *Gluten Free* |
| Blue | | May contain gluten | |