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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| WK1 | 27 | MONDAY | 28 | TUESDAY- Halloween Parade | 29 | WEDNESDAY | 30 | THURSDAY | 1 | FRIDAY |
| AM | BG | Cheerios & craisins/raisins | FVBG | Craisins & goldfish | FV/MA/DBG | Oatmeal cookies | BGFV | Applesauce OR apples AND graham crackers OR granola | D BG | **Butterflies**: beans & rice**Seashell/Sunflower: apples** or applesauce or oranges and granola  |
| PM | FVBG | Leftovers  |  | Seashells: Craisins and goldfishButterfly: Cheerios and applesSunflower: Rice crackers and apples | FVD | Yogurt & pineapple or peaches  | FVD/BG | **Butterflies**: Wheat thins and cheese sticks**Seashell/Sunflower:** oranges and left over crackers/pretzels | MABG | Toast & Wowbutter or jelly or yogurt cream cheese |
| WK2 | 4 | MONDAY | 5 | TUESDAY | 6 | WEDNESDAY | 7 | THURSDAY | 8 | FRIDAY |
| AM | BGMA | Pita chips and hummus |  | PTO Conferences | MAFV | Guac and tortilla chips  | BGMA/D | Raisin bread & sunbutter or yogurt cream cheese | BGD | Bagel & Greek yogurt cream cheese |
| PM | BGFV | GF Rice cakes & fruit spread (berry) |  | No School | DFV | Cinnamon applesauce & granola | FV | Sweet potato fries & ketchup | BGD | Fig bars & milk |
| WK3 | 11 | MONDAY | 12 | TUESDAY | 13 | WEDNESDAY | 14 | THURSDAY- MOVIE NIGHT | 15 | FRIDAY |
| AM | MAFV | Naval oranges and sunflower seeds | FV | Chips and salsa | FVD | Terra chips and yogurt ranch dressing | BGMA | Yogurt and pineapples pieces | BGMAD | Leftover chips, fruit, milk, and other perishable items |
| PM | FVBG | Graham Crackers & pears | MABG | Ritz crackers and sliced cheese | FVD | Cheese cubes & apples | DFV | Sunflower seeds & craisins | BGFV | Leftover chips, fruit, milk, and other perishable items |
| WK4 | 20 | MONDAY | 21 | TUESDAY | 22 | WEDNESDAY | 23 | THURSDAY | 24 | FRIDAY |
| AM | BGFV | Winter Break |  | Winter Break |  | Winter Break |  | Winter Break |  | Winter Break |
| PM | BGD/FV | CLOSED |  | CLOSED |  | CLOSED |  | CLOSED |  | CLOSED |
|  | *D=* | *Dairy* | *FV=* | *Fruit /Veg* | *BG=* | *Bread/Grain* | *MA/P=* | *Meat Alternate-Protein* | *GF=* | *Gluten Free* |
| Blue | May contain gluten |